Size Chart

Sizing Information

Please use the following guidelines to order the right size based on your corresponding body measurements:

MENS	X SMALL		SMALL		MEDIUM		LARGE		X LARGE		XX LARGE		XXX LARGE
NECK	13"	13 1/2"	14"	14 1/2"	15"	15 1/2"	16"	16.5"	17"	17 1/2"	18"	18 1/2"	19"
CHEST	32"	34"	35"	37"	38"	40"	41"	43"	44"	46"	47"	49"	50"
WAIST	26"	28"	29"	31"	32"	34"	35"	37"	38"	40"	41"	43"	44"
SLEEVE LENGTH	31"	32"	32"	33"	33"	34"	34"	35"	35"	36"	36"	36.5"	36.5"

NECK - Measure around the middle of your neck

CHEST - Measure under your arms around the fullest part of your chest

WAIST - Measure around your natural waistline

SLEEVE LENGTH - Bend your elbow 90 degrees and place your hand on your hip. Hold the tape at center back of your neck. Measure across your shoulder to your elbow and down to your wrist. The total length is your sleeve length

LADIES	X SMALL		SMALL		MEDIUM		LARGE		X LARGE		XX LARGE	
SIZE	0	2	4	6	8	10	12	14	14	16	18	
CHEST	32 1/2"	33 1/2"	34 1/2"	35 1/2"	36 1/2"	37 1/2"	39"	40 1/2"	40 1/2"	42 1/2"	43 1/2"	
NATURAL WAIST	25"	26"	27"	28"	29"	30"	31 1/2"	33"	33"	35"	36"	
HIP	35"	36"	37"	38"	39"	40"	41 1/2"	43"	43"	45"	46"	
AM-1000 LENGTH	24"		24 1/2"		25"		25 1/2"		26"		26 1/2"	
BODY LENGTH	23"		24"		25"		26"		27"		28"	

CHEST - Measure under your arms around the fullest part of your chest

WAIST - Measure around your natural waistline

HIPS - Measure around the fullest part of your body at the top of your leg