SIZE & FIT GUIDE

Many people are hesitant to order online because of fit. Will it be too tight? Too loose? Too short? Or too long? Will it be the right cut for my body type? Is it supposed to fit like this? To help ease the uncertainty, we've put together a comprehensive fit guide. It will walk you through the various steps to finding the right UA fit for all our gear.

Under Armour® performance gear was built to be consistent with traditional sizing parameters. This means if you normally wear a "Large" T-shirt, you would also wear a "Large" UA T-shirt. So please order accordingly...and with confidence.

Men's Tops



	CHEST (in)	WAIST (in)
XS	30-32	261/2-271/2
SM	34-36	28½-30
MD	38-40	31½-33½
LG	42-44	35-37
XL	46-48	39-41
XXL	50-52	43-45½

3XL	54-56	47½-50
4XL	58-60	52-54½
5XL	62-64	56½-59

View In Centimeters

How To Measure

CHEST: Place the tape measure under your arms at the fullest part of your chest, wrap around your body until your fingers meet and mark the measurement.

WAIST: Measure around your natural waistline—right above your hips. Be careful not to squeeze too tight to allow a little give.

Men's Bottoms



	US SIZES	WAIST (in)	HIP (in)
XS	26-27	26½-27½	32-33
SM	28-29	281/2-30	34-35½
MD	30-32	31½-33½	37-38½
LG	34-36	35-37	40-42
XL	38-40	39-41	44-46
XXL	42-44	43-45½	48-50
3XL	46-48	47½-50	52-54
4XL	50-52	52-54½	56-58
5XL	54-56	56½-59	60-62

View In Centimeters

How To Measure

WAIST: Measure around your natural waistline—right where your hips start. Be careful not to squeeze too tight to allow a little give.

HIPS: With your feet together, measure around the fullest part of your hips to ensure you'll have enough room to move comfortably

Men's Fit Guide



Loose
Fuller cut for complete comfort, total range of motion & greater breathability.



Fitted
A slimmer, athletic cut that allows total mobility but eliminates the bulk of extra fabric.



Compression
Ultra-tight, second-skin fit that keeps you locked in & makes you feel like you can do anything.

Women's Tops



	US SIZES	BUST (in)	WAIST (in)
XS	0-2	32½-33½	25½-26½
SM	4-6	33½-35½	27½-28½
MD	8-10	361/2-371/2	29½-30½
LG	12-14	39-40½	32-33½
XL	16	42-43½	35-36½
XXL	18	45-46½	38-39½

View In Centimeters

How To Measure

BUST: Place the tape measure under your arms at the fullest part of your chest, wrap around your body until your fingers meet and mark the measurement.

WAIST: Measure around your natural waistline—right where your hips start. Be careful not to squeeze too tight to allow a little give.

Women's Bottoms



	US SIZES	WAIST (in)	HIP (in)
XS	0-2	25½-26½	34½-35½
SM	4-6	27½-28½	361/2-371/2
MD	8-10	29½-30½	38½-39½
LG	12-14	32-33½	41-42½
XL	16	35-36½	44-45½
XXL	18	38-39½	47-48½

View In Centimeters

How To Measure

WAIST: Measure around your natural waistline—right where your hips start. Be careful not to squeeze too tight to allow a little give.

HIPS: With your feet together, measure around the fullest part of your hips to ensure you'll have enough room to move comfortably

Sports Bras



	BUST (in)	
XS	28	
SM	30-32	
MD	34-36	
LG	36-38	
XL	38-40	
XXL	40-42	

How To Measure

BUST: First, find your bust size by measuring around the fullest part of the chest while wearing a bra with little to no extra padding. If you don't have a tape measure, use a string and measure it against a ruler. Find your measurement on the size chart to determine your ideal UA sports bra size.

Armour Bra



MEASUREMENT (in)	BAND SIZE
27	30
28	32
29	32
31	32
32	34
33	34
34	36
35	36
36	36
37	38
38	38

Cup Size Chart

SIZES	DIFFERENCE
А	1 inch
В	2 inches
С	3 inches
D	4 inches
DD	5 inches

How To Measure

BAND SIZE: Standing straight up with an unpadded bra on, measure closely around the chest just under your arms, right above the bust. If your result is a fraction, round to the nearest whole number. (ex. 33.7" rounded to the nearest whole number, your band measurement is 34")

CUP SIZE: While wearing a non-padded bra, keep the tape parallel & measure at the fullest part of your bust. Round this measurement UP the nearest WHOLE number. Subtract BAND size from BUST size to find your CUP size. EX. 32" - 28"

Women's Fit Guide



Loose
Fuller, more generous cut for enhanced range of motion & an effortlessly relaxed fit.



Semi-Fitted
A slimmer, athletic cut that delivers optimal mobility by eliminating the bulk of extra fabric.



Fitted
Sits close to the skin for a streamlined fit without the squeeze of compression.



Compression
Ultra-tight, second-skin fit that locks you in & makes you feel like you can do anything.

Boys'



REGULAR SIZES

	US SIZES	CHEST (in)	WAIST (in)	HIPS (in)
YXS	6-6X	24-25	23-23½	25-26
YSM	7-8	25½-26½	23½-24½	26½-28
YMD	10-12	27½-28½	25½-26½	29-30½
YLG	14-16	30½-32	28-29½	32-33½
YXL	18-20	33½-35	31-32½	35-36½

HUSKY SIZES

	WAIST (in)	HIPS (in)	HEIGHT (in)
8H	26½-27½	29½-30½	50-52
10H	28-29	31-32	53½-55½
12H	29½-30½	32½-33½	561/2-581/2
14H	31-32	34-35	59½-61½
16H	32½-33½	35½-36½	62-64
18H	34-35	37-38	641/2-661/2
20H	35½-36½	38½-39½	67-69

View In Centimeters

How To Measure

CHEST: Place the tape measure under your arms at the fullest part of your chest, wrap around your body until your fingers meet and mark the measurement.

WAIST: Measure around your natural waistline-right above your hips. Be careful not to squeeze too tight to allow a little give.

HIPS: With your feet together, measure

around the fullest part of your hips to ensure you'll have enough room to move comfortably

Girls'



REGULAR SIZES

	US SIZES	CHEST (in)	WAIST (in)	HIP (in)
YXS	6-6X	24-25	23-23½	25-26
YSM	7-8	26-27	23½-24½	27½-28½
YMD	10-12	28½-30	25-26	30-32
YLG	14-16	31½-33½	28-30	34-36
YXL	18-20	35½-37½	32-34	38-40

PLUS SIZES

	WAIST (in)	HIPS (in)	HEIGHT (in)
7P	26-27	30-31	49½-51
8P	27-28	31½-32½	51½-53
10P	27½-28½	32½-33½	53-55
12P	29½-30½	33½-34½	56-58
14P	31-32	35½-36½	59-61
16P	33-34	37-38	61-62½

View In Centimeters

How To Measure

CHEST: Place the tape measure under your arms at the fullest part of your chest, wrap around your body until your fingers meet and

mark the measurement.

WAIST: Measure around your natural waistline—right where your hips start. Be careful not to squeeze too tight to allow a little give.

HIPS: With your feet together, measure around the fullest part of your hips to ensure you'll have enough room to move comfortably

Boys' Fit Guide



Loose
Full, loose fit for enhanced range
of motion & breathable comfort no
matter where your workout takes
you.



Fitted
Sits close to the skin for a streamlined fit without the squeeze of compression.

Girls' Fit Guide



Loose
Full, loose fit for enhanced range of motion & breathable comfort no matter where your workout takes you.



Fitted
Sits close to the skin for a streamlined fit without the squeeze of compression.